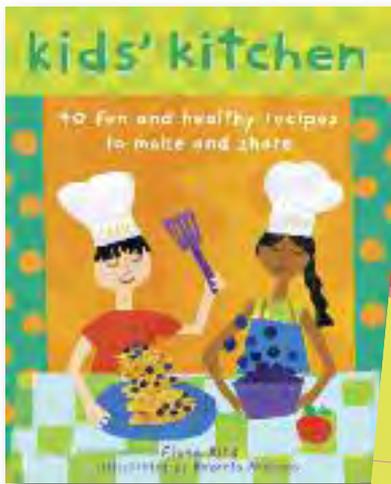


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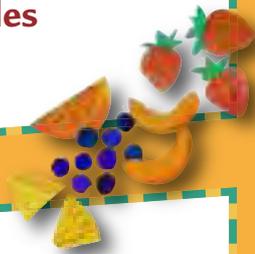
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Cooking well, eating well and feeling well go together. With **Kids' Kitchen**, Fiona Bird draws on many years of cooking with children, showing them how to:

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To arrange an interview or a cookery event with Fiona Bird, please contact Jen McDerra on 01225 322414
jen.mcderra@barefootbooks.co.uk

FIONA BIRD is a mother of six, Masterchef finalist, cookery columnist and the founder of Stirrin' Stuff, a company dedicated to getting kids into the kitchen. She regularly runs cookery events for children at festivals, in schools and at private parties. Fiona lives in Angus, Scotland.

Praise for Fiona Bird

'Thank you for showing us how easy it can be for children to get involved with family cooking and for the happiness you brought to Erin's weekend' — Clare Lynch, parent

For information on Stirrin' Stuff visit www.stirrinstuff.org

